
S P O R T S

***** ALL SKILL LEVELS ARE WELCOME *****



***St. Anthony's Faith and Fitness Program
with Deacon Mike IS BACK!!!***

***Friday Night Sessions Grades 5-8
4/6 & 5/4 from 7:30-9:00pm***

Honoring God through Faith and Fitness

Deacon Mike's Faith and Fitness Program for the youth of our parish is a program that builds community, improves health and develops skills through lessons on sportsmanship, respect and faith with exercise, drills, skill challenges, lessons and an unparalleled fitness experience. The program is open to all fitness and skill levels from the child new to exercise and basketball to the child seeking to improve upon and bring their skills to the next level to the child simply wanting extra practice for competitive school or CYO sports. There is no cost to attend and all participants receive a free T-shirt! To register, please email Deacon Mike at deaconmikemonahan@gmail.com.